## Performance Center Open House

Thursday, November 8, 2-7 p.m. Sports Medicine and Performance Center 8302 W. 125th St., Overland Park, KS 66213

Come check out our newest Sports Medicine and Performance Center location in Overland Park, near 125th and Antioch, designed to help healthy athletes improve their strength, speed and agility, and to get injured athletes back in the game.

- Between The Lines with Kevin Kietzman on Sports Radio 810 broadcasts live 2-6 p.m.
- Enter to win: Free sports performance classes, sports nutrition consultations
- Tour facility: 4,200-square-foot state-of-the-art weight room, indoor and outdoor turf fields
- Discover: Sports Medicine Physical Therapy and Sports Nutrition
- · Observe classes:
  - \* 3:45-5:15 p.m. High School Sports Performance
  - \* 5:15-6:15 p.m. ACL Injury Prevention class and Strength Circuit class
- Learn from Sports Performance Experts:
  - \* 6:15-7 p.m.
  - Andrea Hudy, Assistant Athletics Director Sports Performance, University of Kansas
  - Vincent Key, MD, Head Team Physician, Kansas City Royals

